



Nutritional Information - Regular Mozzarella Pizzas - Ireland

Gluten Free Pizzas	Pizza name	Size	Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	GF Cheese & Tomato	Small	260	1087	10.1	5.9	32.1	3.6	3.0	8.7	1.29	0.51	804	3360	31.1	18.2	99.3	11.0	9.3	26.7	4.00	1.57
	GF Vegi Supreme	Small	205	856	6.6	3.7	29.0	3.7	3.0	6.0	0.94	0.37	744	3116	24.0	13.5	105.7	13.3	10.9	21.8	3.42	1.34
	GF Pepperoni Passion	Small	303	1282	16.0	8.0	27.6	3.0	2.6	10.7	1.85	0.73	1097	4574	58.1	28.9	99.9	11.0	9.3	38.8	6.70	2.63
	GF Texas BBQ	Small	283	1191	9.7	3.5	38.5	13.4	3.1	8.3	1.60	0.63	824	3469	28.1	10.1	112.1	18.9	9.1	27.0	4.67	1.84
	GF New Yorker	Small	259	1082	12.1	5.1	28.7	2.9	2.6	9.4	1.67	0.66	984	4027	44.9	19.0	99.4	10.8	9.6	35.1	6.23	2.45

Pizza Squared*	Pizza name	Size	Per 100g										Per portion (Per Slice)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Cheese & Tomato	Large - 16"	288	1212	10.2	5.7	35.5	3.5	2.4	13.6	1.33	0.52	166	697	5.9	3.3	20.4	2.0	1.4	7.8	0.77	0.30
	Vegi Supreme	Large - 16"	231	973	8.0	4.4	28.9	3.3	2.2	10.9	1.03	0.40	173	730	6.0	3.3	21.7	2.5	1.7	8.2	0.77	0.30
	Pepperoni Passion	Large - 16"	321	1342	16.1	7.7	29.3	2.9	2.0	14.8	1.86	0.73	224	940	11.2	5.4	20.5	2.0	1.4	10.2	1.31	0.51
	Texas BBQ	Large - 16"	320	1349	9.8	5.5	46.1	11.3	2.5	11.9	1.70	0.67	214	901	6.5	3.7	30.8	7.6	1.7	8.0	1.14	0.45
	Mighty Meaty	Large - 16"	258	1081	11.4	5.7	25.2	2.7	1.8	13.6	1.53	0.60	217	909	9.8	4.8	21.2	2.3	1.6	11.4	1.29	0.51

Vegan Pizza Made with Vegan cheese Alternative, not Mozzarella.	Pizza name	Size	Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Vegan Margherita	Medium	283	1193	8.8	6.0	42.5	5.1	2.9	8.5	1.07	0.42	511	2153	15.9	10.8	76.7	9.2	5.2	15.3	1.92	0.76
	Vegan Vegi Supreme	Medium	238	1004	7.1	4.8	36.1	5.8	2.5	7.5	0.88	0.35	514	2166	15.3	9.9	77.9	12.5	5.4	16.2	1.89	0.74
	The Chick-Ain't	Medium	224	943	7.3	4.5	30.2	4.2	4.2	9.4	1.06	0.42	586	2466	19.1	11.8	78.9	11.0	11.0	24.6	2.77	1.09
	Vegan PepperonAY	Medium	268	1128	9.4	6.3	36.5	4.1	3.3	9.4	1.40	0.55	519	2183	18.2	12.2	70.6	7.9	6.4	18.2	2.71	1.07
	Vegan Margherita - Italian Style	Large	244	1027	8.0	5.4	35.3	5.0	2.2	7.7	1.20	0.47	435	1830	14.3	9.8	62.9	8.9	3.9	13.4	2.14	0.84
	Vegan Vegi Supreme - Italian Style	Large	214	901	7.3	5.2	30.7	4.1	2.2	6.4	0.90	0.35	448	1877	15.2	10.8	64.0	8.5	4.6	13.7	1.88	0.74
	The Chick-Ain't - Italian Style	Large	223	936	7.8	5.0	30.9	4.3	3.5	7.2	1.03	0.41	632	2680	22.1	14.2	87.9	12.3	9.9	20.4	2.92	1.15
	Vegan PepperonAY - Italian Style	Large	238	1001	8.4	5.6	32.3	4.6	2.5	8.3	1.40	0.55	473	1990	16.6	11.1	64.1	9.1	4.9	16.4	2.78	1.10

Pizza name	Crust Type	Size	Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Absolute Banger	Classic Crust	Large	292	1223	13.3	5.9	29.8	5.9	1.7	13.2	1.65	0.65	660	2766	30.0	13.3	67.4	13.3	3.9	29.7	3.73	1.47
		Medium	302	1264	14.3	6.5	31.0	6.0	1.9	12.2	1.66	0.65	495	2076	23.5	10.6	50.8	9.8	3.1	20.0	2.72	1.07
		Small	307	1286	14.4	6.2	31.2	4.7	1.4	13.1	1.76	0.69	1114	4668	52.1	22.6	113.4	17.0	5.1	47.4	6.37	2.51
	Italian Style Crust	Personal	329	1381	13.7	6.0	39.8	5.7	1.8	11.6	1.74	0.68	668	2806	27.9	12.2	81.0	11.5	3.7	23.6	3.53	1.39
		Large	292	1222	14.7	6.6	24.8	6.7	1.8	15.1	1.75	0.69	563	2358	28.3	12.7	47.9	12.8	3.4	29.1	3.38	1.33
		Medium	293	1227	15.1	6.7	25.1	6.3	1.9	14.2	1.80	0.71	410	1715	21.2	9.4	35.0	8.8	2.7	19.9	2.51	0.99
	Double Decadence	Small	313	1310	15.7	7.1	29.7	3.2	1.6	13.2	1.85	0.73	1029	4310	51.6	23.4	97.7	10.4	5.3	43.3	6.09	2.40
		Large	277	1158	14.7	7.9	24.6	2.3	2.7	11.5	1.64	0.64	958	4008	50.8	27.4	85.3	8.1	9.2	39.9	5.67	2.23
	Stuffed Crust	Medium	287	1199	15.9	8.5	23.2	2.5	2.5	12.7	1.79	0.71	740	3096	41.2	22	59.9	6.4	6.5	32.9	4.63	1.82
		Large	263	1102	12.5	6.1	25.8	6.3	3.7	11.8	1.47	0.58	782	3279	37.3	18.3	76.6	18.9	11.1	36.1	4.39	1.72
	Thin & Crispy Crust	Medium	276	1154	14.0	6.5	26.5	6.3	3.5	10.9	1.57	0.62	559	2341	28.5	13.2	53.7	12.8	7.1	22.2	3.19	1.28
		Large	320	1339	17.4	7.8	28.3	5.3	1.7	12.6	1.71	0.67	535	2238	29.1	13.0	47.3	8.9	2.8	21.0	2.86	1.13
	Medium	303	1271	15.0	6.0	27.6	5.4	2.0	14.5	1.98	0.78	371	1555	18.3	7.4	33.8	8.6	2.4	17.7	2.43	0.96	

Pizza name	Crust Type	Size	Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
American Hot	Classic Crust	Large	288	1128	11.1	5.1	30.2	6.3	1.9	11.9	1.75	0.69	626	2631	25.6	11.8	69.6	14.4	4.4	27.3	4.02	1.58
		Medium	285	1193	12.3	5.8	31.6	6.4	2.1	10.9	1.76	0.69	567	2378	24.4	11.5	63.0	12.7	4.2	21.7	3.51	1.38
		Small	255	1065	10.6	5.0	27.4	4.0	2.2	11.6	1.57	0.62	1044	4360	43.2	20.5	112.2	16.2	9.1	47.5	6.41	2.52
		Personal	311	1308	11.0	5.1	41.9	6.1	2.1	10.1	1.80	0.71	588	2476	20.8	9.6	79.3	11.6	3.9	19.2	3.41	1.34
	Italian Style Crust	Large	289	1127	12.3	5.7	25.1	7.1	2.0	13.6	1.87	0.74	517	2165	23.6	11.0	48.1	13.6	3.9	26.1	3.60	1.42
		Medium	273	1142	12.8	5.9	25.6	6.8	2.2	12.8	1.93	0.76	458	1918	21.4	10.0	43.0	11.4	3.7	21.5	3.25	1.28
		Small	293	1228	13.3	6.3	30.8	3.6	1.9	11.7	1.97	0.78	915	3833	41.8	18.8	96.1	11.2	5.9	36.6	6.16	2.42
	Double Decadence	Large	262	1098	13.4	7.5	24.7	2.5	2.8	10.7	1.71	0.67	724	3031	36.9	20.6	68.2	7.0	7.7	29.5	4.72	1.86
		Medium	274	1144	14.7	8.1	23.4	2.7	2.7	11.9	1.86	0.73	675	2825	36.3	20.1	57.8	6.6	6.6	29.5	4.6	1.81
	Stuffed Crust	Large	253	1057	11.1	5.6	25.4	6.5	3.8	10.8	1.60	0.63	673	2818	29.7	15.0	67.6	17.3	10.2	29.7	4.26	1.67
		Medium	266	1113	12.4	5.9	26.8	6.6	3.7	9.9	1.66	0.65	656	2746	30.6	14.7	66.3	16.4	9.2	24.4	4.10	1.61
	Thin & Crispy Crust	Large	294	1230	14.8	6.8	28.5	5.7	1.9	10.8	1.87	0.73	481	2011	24.1	11.2	46.6	9.4	3.2	17.7	3.05	1.20
Medium		310	1294	15.7	7.3	28.4	5.5	1.8	12.7	2.29	0.90	452	1889	22.8	10.6	41.5	8.1	2.8	18.5	3.35	1.32	

Pizza name	Crust Type	Size	Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Bacon Double Cheese	Classic Crust	Large	271	1138	11.4	5.1	28.9	5.8	1.8	13.1	1.34	0.53	657	2781	27.3	12.2	89.5	14.0	4.3	31.4	3.22	1.27
		Medium	283	1198	12.2	5.5	30.3	6.0	2.0	12.0	1.32	0.52	585	2457	25.2	11.5	62.8	12.3	4.1	25.0	2.73	1.07
		Small	253	1056	10.3	4.6	26.5	3.7	2.1	12.5	1.16	0.46	1064	4447	43.3	19.4	111.7	15.4	8.9	52.6	4.86	1.92
		Personal	309	1300	11.7	4.6	38.9	5.6	1.9	11.2	1.42	0.56										

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Buffalo Chicken	Classic Crust	Large	214	899	6.7	3.3	28.7	6.1	2.0	9.6	1.45	0.57	576	2424	16.6	8.2	71.4	15.2	4.9	23.8	3.61	1.42
		Medium	239	1006	7.2	3.7	30.2	6.3	2.2	12.6	1.45	0.57	509	2144	15.3	7.9	64.5	13.3	4.6	26.9	3.05	1.22
		Small	213	894	5.7	3.1	26.6	4.0	2.3	13.1	1.26	0.50	924	3869	24.9	13.2	115.0	17.4	9.9	56.5	5.47	2.15
		Personal	265	1121	6.3	3.1	39.6	6.0	2.1	12.0	1.50	0.59	541	2283	12.8	6.4	80.7	12.3	4.3	24.4	3.05	1.20
	Italian Style Crust	Large	221	929	6.9	3.5	23.7	6.8	2.1	10.7	1.52	0.60	466	1957	14.6	7.4	49.9	14.4	4.3	22.6	3.20	1.26
		Medium	220	927	6.8	3.5	24.4	6.6	2.3	14.8	1.55	0.61	401	1695	12.3	6.3	44.4	12.0	4.1	26.8	2.82	1.11
		Small	236	985	6.9	3.7	29.4	3.7	2.0	13.6	1.55	0.61	794	3343	23.3	12.5	98.9	12.4	6.7	45.6	5.22	2.06
	Double Decadence	Large	242	1015	10.7	6.4	24.9	2.6	2.9	11.5	1.56	0.61	276	1158	12.2	7.3	28.5	3	3.3	13.1	1.78	0.7
		Medium	252	1055	11.8	7	23.8	2.8	2.8	12.6	1.71	0.67	264	1106	12.4	7.3	24.9	2.9	2.9	13.2	1.79	0.71
	Stuffed Crust	Large	220	922	7.2	4.1	24.6	3.9	3.1	9.9	1.39	0.55	688	2881	22.5	13.0	76.8	12.1	9.7	31.1	4.36	1.71
		Medium	230	964	8.2	4.2	26.0	6.5	3.7	11.3	1.41	0.55	598	2512	21.5	11.0	67.7	17.0	9.6	29.5	3.67	1.44
	Thin & Crispy Crust	Large	236	990	8.3	4.1	26.6	5.6	2.0	7.8	1.45	0.57	430	1804	15.1	7.6	48.4	10.1	3.7	14.1	2.65	1.04
		Medium	247	1036	8.6	4.4	26.9	5.5	1.9	14.9	1.83	0.72	395	1659	13.8	7.0	43.0	8.7	3.0	23.7	2.93	1.15

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Chicken Feast	Classic Crust	Large	248	1047	7.2	3.6	30.6	5.9	2.0	15.3	1.11	0.44
		Medium	259	1091	7.7	3.9	32.1	6.0	2.2	14.6	1.07	0.42
		Small	232	971	6.2	3.2	28.3	3.7	2.3	14.9	0.93	0.37
		Personal	286	1208	6.7	3.3	42.0	5.8	2.2	13.6	1.15	0.45
	Italian Style Crust	Large	244	1026	7.5	3.7	25.7	6.6	2.1	17.6	1.11	0.44
		Medium	243	1023	7.4	3.7	26.4	6.3	2.3	17.1	1.11	0.44
		Small	262	1103	7.6	4.0	32.0	3.3	2.1	15.8	1.14	0.45
	Double Decadence	Large	248	1040	10.6	6.3	25.1	2.3	2.8	13	1.28	0.5
		Medium	259	1086	11.6	6.9	23.9	2.5	2.8	14.3	1.42	0.56
	Stuffed Crust	Large	235	985	7.7	4.2	25.8	6.2	3.9	13.7	1.05	0.41
		Medium	246	1032	8.7	4.4	27.4	6.3	3.8	12.9	1.10	0.43
	Thin & Crispy Crust	Large	263	1107	9.1	4.5	29.1	5.2	2.1	15.6	0.98	0.39
Medium		275	1152	9.4	4.7	29.2	5.1	1.9	17.6	1.34	0.53	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
595	2508	17.1	8.3	72.8	13.9	4.8	36.3	2.63	1.03	
531	2234	15.8	8.0	65.8	12.3	4.6	29.8	2.19	0.86	
955	4000	25.6	13.6	116.7	15.3	9.7	60.9	3.94	1.51	
557	2351	13.1	6.4	81.7	11.3	4.2	26.6	2.24	0.88	
485	2042	15.0	7.5	51.1	13.1	4.3	35.1	2.21	0.87	
422	1774	12.8	6.4	45.7	11.0	4.0	29.6	1.92	0.76	
825	3474	24.0	12.6	100.7	10.2	6.5	49.9	3.59	1.41	
702	2945	30.2	17.8	71	6.6	8	38.8	3.62	1.42	
654	2740	29.7	17.4	60.3	6.3	6.9	36	3.59	1.41	
642	2695	21.1	11.5	70.6	16.8	10.6	37.6	2.87	1.13	
620	2602	21.9	11.1	69.0	15.9	9.6	32.5	2.77	1.09	
449	1888	15.6	7.6	49.6	8.9	3.6	26.6	1.67	0.66	
416	1748	14.3	7.1	44.3	7.7	3.0	26.7	2.03	0.80	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Farmhouse	Classic Crust	Large	229	965	7.1	3.5	29.3	6.1	1.9	12.0	1.27	0.50
		Medium	239	1006	7.6	3.9	30.5	6.2	2.1	11.1	1.26	0.50
		Small	212	889	6.1	3.2	26.6	3.9	2.2	11.8	1.12	0.44
		Personal	267	1128	6.7	3.3	40.5	6.0	2.0	10.3	1.33	0.52
	Italian Style Crust	Large	222	935	7.5	3.8	24.1	6.9	2.0	13.7	1.31	0.51
		Medium	220	923	7.3	3.7	24.6	6.6	2.2	12.9	1.33	0.53
		Small	236	994	7.4	4.0	29.7	3.5	1.9	11.9	1.38	0.54
	Double Decadence	Large	235	987	10.6	6.3	24.2	2.5	2.8	10.8	1.39	0.55
		Medium	245	1026	11.7	6.9	22.9	2.6	2.7	12	1.54	0.61
	Stuffed Crust	Large	219	919	7.7	4.2	24.7	6.4	3.8	10.9	1.19	0.47
		Medium	229	962	8.6	4.4	26.1	6.5	3.7	10.1	1.26	0.49
	Thin & Crispy Crust	Large	238	1001	9.0	4.5	27.3	5.5	1.9	11.1	1.21	0.47
Medium		247	1037	9.3	4.7	27.1	5.4	1.8	12.9	1.59	0.63	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
552	2327	16.9	8.4	69.5	14.5	4.5	28.6	3.02	1.19	
493	2072	15.7	8.0	62.9	12.8	4.3	22.8	2.80	1.02	
894	3741	25.6	13.5	111.9	16.3	9.3	49.5	4.71	1.85	
522	2205	13.1	6.5	79.2	11.7	4.0	20.2	2.60	1.02	
443	1861	14.8	7.5	48.0	13.7	4.0	27.4	2.60	1.02	
384	1612	12.7	6.5	42.9	11.5	3.8	22.6	2.33	0.92	
763	3211	24.0	12.8	95.8	11.3	6.1	38.4	4.44	1.75	
667	2796	30	17.9	68.4	7.1	7.8	30.6	3.94	1.55	
621	2603	29.6	17.5	58.1	6.7	6.8	30.6	3.91	1.54	
599	2514	21.0	11.6	67.5	17.4	10.3	29.9	3.26	1.28	
581	2440	21.8	11.2	66.2	16.4	9.3	25.5	3.18	1.25	
408	1710	15.4	7.7	46.6	9.5	3.3	19.0	2.06	0.81	
378	1586	14.2	7.1	41.5	8.2	2.7	19.7	2.44	0.96	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Festive One	Classic Crust	Large	256	1075	9.2	3.8	29.9	6.2	1.8	13.3	1.34	0.53
		Medium	263	1104	9.6	4.2	31.3	6.3	2.0	12.3	1.32	0.52
		Small	282	1188	8.6	3.5	38.6	5.8	1.8	12.1	1.41	0.56
		Personal	265	1113	9.4	3.8	31.7	5.1	1.5	13.3	1.38	0.54
	Italian Style Crust	Large	250	1050	9.9	4.1	25.0	7.0	1.9	15.2	1.38	0.55
		Medium	248	1043	9.9	4.0	25.3	6.7	2.1	14.5	1.40	0.55
		Small	262	1100	10.2	4.2	29.0	3.5	1.7	13.5	1.44	0.57
	Double Decadence	Large	274	1148	12.6	5.5	28.4	5.6	3.3	11.7	1.40	0.55
		Medium	279	1172	12.2	5.0	31.9	5.1	2.6	10.6	1.40	0.55
	Stuffed Crust	Large	234	984	9.5	4.5	25.2	6.5	3.7	12.0	1.25	0.49
		Medium	244	1024	10.4	4.6	26.5	6.6	3.6	11.3	1.30	0.51
	Thin & Crispy Crust	Large	270	1134	11.9	4.9	28.0	5.7	1.8	12.8	1.30	0.51
Medium		282	1181	12.3	5.1	28.1	5.5	1.6	14.6	1.67	0.66	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
698	2934	25.1	10.3	81.6	17.0	5.0	36.3	3.66	1.44	
652	2741	24.4	10.4	77.7	15.7	5.0	30.7	3.27	1.29	
733	3088	22.9	9.1	100.3	15.0	4.8	31.6	3.67	1.44	
1185	4985	41.9	16.3	142.0	22.9	6.8	59.5	6.17	2.42	
589	2475	23.4	8.7	59.0	16.6	4.5	35.9	3.27	1.29	
516	2168	20.5	8.4	52.5	13.9	4.3	30.1	2.91	1.15	
963	4048	37.5	15.3	106.7	12.9	6.3	49.6	5.31	2.09	
899	3769	41.3	18.2	93.4	18.4	10.9	38.5	4.58	1.80	
833	3495	36.3	15.0	95.1	15.1	7.9	31.3	4.16	1.64	
748	3141	30.2	14.2	80.5	20.6	11.9	38.3	3.98	1.57	
722	3030	30.8	13.7	78.3	19.4	10.6	32.9	3.85	1.52	
527	2210	23.2	9.5	54.6	11.0	3.5	25.0	2.53	1.00	
518	2172	22.6	9.3	51.6	10.2	3.0	26.9	3.07	1.21	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Full House®	Classic Crust	Large	245	1028	9.3	4.3	28.5	6.4	1.9	11.7	1.24	0.49
		Medium	255	1072	10.1	4.8	29.6	6.5	2.1	10.8	1.23	0.48
		Small	231	964	8.6	4.1	26.0	4.3	2.2	11.5	1.11	0.43
		Personal	281	1182	9.8	4.4	37.0	6.1	1.9	10.5	1.37	0.54
	Italian Style Crust	Large	240	1008	10.0	4.7	23.7	7.1	2.0	13.2	1.27	0.50
		Medium	240	1008	10.1	4.7	24.1	6.9	2.1	12.4	1.29	0.51
		Small	257	1077	10.5	5.0	28.5	4.1	1.9	11.5	1.33	0.52
	Double Decadence	Large	245	1025	11.9	6.7	23.8	2.9	2.7	10.6	1.36	0.54
		Medium	256	1071	13.1	7.3	22.7	3	2.6	11.8	1.5	0.59
	Stuffed Crust	Large	233	978	9.8	4.9	24.5	6.6	3.7	10.7	1.17	0.46
		Medium	251	1050	10.5	5.2	27.4	7.0	3.8	9.9	1.23	0.48
	Thin & Crispy Crust	Large	257	1078	11.8	5.5	26.4	6.0	1.9	10.7	1.17	0.46
Medium		267	1120	12.3	5.7	26.3	5.8	1.8	12.3	1.51	0.60	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
638	2683	24.1	11.1	73.6	16.5	4.9	30.2	3.21	1.26	
573	2407	22.6	10.7	66.6	14.6	4.6	24.2	2.76	1.09	
1053	4404	39.4	16.8	118.8	19.8	9.9	52.4	6.05	2.39	
630	2652	22.0	9.8	82.9	13.7	4.4	23.6	3.08	1.21	
528	2217	22.0	10.3	52.1	15.7	4.3	29.0	2.79	1.10	
465	1948	19.6	9.1	46.5	13.3	4.1	24.0	2.49	0.98	
924	3877	37.8	18.1	102.7	14.8	6.7	41.4	4.79	1.	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Hot & Spicy	Classic Crust	Large	244	1026	8.2	4.0	31.1	6.4	2.0	11.4	1.35	0.53
		Medium	256	1076	8.8	4.5	32.9	6.6	2.3	10.2	1.31	0.52
		Small	223	931	7.1	3.7	27.9	4.1	2.4	10.8	1.16	0.45
		Personal	286	1208	7.8	3.9	43.5	6.4	2.2	9.5	1.38	0.54
	Italian Style Crust	Large	239	1004	8.8	4.4	26.0	7.3	2.2	13.0	1.40	0.55
		Medium	238	1000	8.7	4.4	26.9	7.1	2.4	12.1	1.40	0.55
		Small	257	1080	8.9	4.7	32.6	3.8	2.1	10.8	1.43	0.56
	Double Decadence	Large	244	1024	11.4	6.7	25.1	2.6	2.9	10.3	1.45	0.57
		Medium	255	1068	12.6	7.4	23.9	2.8	2.8	11.5	1.59	0.62
	Stuffed Crust	Large	231	968	8.6	4.7	26.0	6.7	4.0	10.3	1.25	0.49
		Medium	242	1017	9.7	4.9	27.7	6.8	3.9	9.3	1.30	0.51
	Thin & Crispy Crust	Large	260	1088	10.7	5.3	29.7	6.0	2.1	10.1	1.31	0.51
Medium		271	1138	11.1	5.5	30.1	5.9	2.0	11.8	1.70	0.67	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
557	2344	18.5	9.1	70.0	14.5	4.6	25.6	3.03	1.19	
492	2069	17.0	8.6	63.3	12.8	4.4	19.6	2.53	0.99	
772	3228	24.5	12.8	96.7	14.2	8.2	37.5	4.01	1.58	
524	2209	14.3	7.1	79.6	11.7	4.0	17.5	2.53	0.99	
447	1877	16.4	8.2	48.6	13.7	4.1	24.4	2.62	1.03	
384	1610	14.0	7.1	43.3	11.5	3.8	19.4	2.26	0.89	
762	3205	26.4	13.8	96.6	11.3	6.2	32.2	4.23	1.66	
829	3474	38.8	22.9	85.1	8.8	9.8	34.9	4.9	1.93	
792	3316	39	22.8	74.3	8.6	8.7	35.7	4.93	1.94	
604	2531	22.6	12.3	68.1	17.4	10.4	26.9	3.27	1.29	
581	2437	23.1	11.8	66.5	16.4	9.4	22.3	3.11	1.22	
411	1723	17.0	8.4	47.0	9.4	3.4	15.9	2.07	0.81	
378	1584	15.5	7.7	41.8	8.2	2.8	16.5	2.37	0.93	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
House Special Tandoori Chicken	Classic Crust	Large	269	1129	11.9	5.2	26.6	5.3	1.6	13.9	1.51	0.59
		Medium	281	1179	12.6	5.6	27.6	5.4	1.8	13.1	1.52	0.60
		Small	256	1069	11.3	4.9	24.3	3.4	1.9	13.4	1.37	0.54
		Personal	311	1307	13.2	5.1	34.7	5.0	1.7	12.5	1.68	0.66
	Italian Style Crust	Large	269	1126	13.0	5.6	21.8	5.9	1.7	15.6	1.58	0.62
		Medium	271	1134	13.3	5.7	21.9	5.6	1.8	15.0	1.62	0.64
		Small	288	1207	13.8	5.9	26.4	2.9	1.5	14.0	1.66	0.65
	Double Decadence	Large	263	1099	13.7	7.2	22.6	2.2	2.5	12.2	1.55	0.61
		Medium	272	1139	14.8	7.8	21.5	2.4	2.4	13.3	1.69	0.66
	Stuffed Crust	Large	254	1065	11.8	5.6	22.7	5.7	3.3	12.6	1.41	0.55
		Medium	265	1111	12.8	5.8	24.0	5.8	3.3	11.8	1.47	0.58
	Thin & Crispy Crust	Large	289	1209	15.1	6.5	23.9	4.6	1.6	13.6	1.53	0.60
Medium		301	1257	15.8	6.9	23.8	4.4	1.4	15.2	1.97	0.74	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
724	3042	31.7	13.7	70.9	14.3	4.3	37.0	4.03	1.58	
655	2746	29.9	13.1	64.2	12.6	4.2	30.5	3.53	1.39	
1200	5010	52.8	22.8	114.1	15.8	8.9	62.9	6.44	2.53	
720	3026	30.7	11.9	80.5	11.5	3.9	28.9	3.89	1.53	
615	2575	29.7	12.9	49.4	13.4	3.8	35.8	3.61	1.42	
547	2298	26.9	11.6	44.2	11.3	3.6	30.3	3.27	1.28	
1070	4484	51.3	22.1	98.0	10.8	5.8	51.9	6.18	2.43	
998	4176	52.1	27.5	85.9	8.5	9.5	46.3	5.89	2.31	
951	3978	51.8	27.3	75.1	8.3	8.4	46.5	5.9	2.32	
772	3229	35.8	17.0	69.0	17.2	10.2	38.3	4.27	1.68	
744	3116	36.0	16.3	67.5	16.2	9.2	33.2	4.12	1.62	
579	2421	30.2	13.1	47.9	9.2	3.1	27.3	3.08	1.21	
541	2262	28.4	12.2	42.8	8.0	2.5	27.4	3.37	1.33	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meatzz™	Classic Crust	Large	308	1287	16.9	7.5	27.7	11.5	1.8	11.2	1.60	0.63
		Medium	325	1364	14.2	6.1	34.0	10.7	1.8	14.3	1.61	0.63
		Small	325	1363	15.4	6.2	33.7	10.5	1.4	12.4	1.85	0.73
		Personal	349	1464	15.4	5.9	38.1	10.4	1.7	13.7	1.96	0.77
	Italian Style Crust	Large	321	1346	14.2	5.8	36.5	13.7	1.8	10.9	1.92	0.76
		Medium	315	1323	13.9	5.7	35.5	14.0	2.2	11.0	1.97	0.78
		Small	308	1285	15.2	6.3	29.5	11.0	1.7	12.6	1.85	0.73
	Double Decadence	Large	312	1309	14.1	6.4	35.4	11.8	3.1	10.9	1.62	0.64
		Medium	308	1293	13.2	6	36.3	11.3	2.6	11	1.53	0.6
	Stuffed Crust	Large	312	1310	14.2	6.6	29.8	9.3	2.4	15.2	1.86	0.73
		Medium	309	1292	13.9	6.2	29.4	9.8	3.6	14.6	1.70	0.67
	Thin & Crispy Crust	Large	334	1399	17.0	6.9	29.6	12.3	2.7	14.4	1.94	0.76
Medium		340	1424	17.7	7.1	31.8	12.0	2.7	12.2	2.00	0.79	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
752	3146	40.8	18.1	67.0	27.9	4.3	27.2	3.88	1.52	
690	2896	30.3	12.9	72.3	22.8	3.9	30.5	3.42	1.34	
1198	5023	56.6	22.8	124.2	38.7	5.3	45.6	6.83	2.68	
786	3297	34.6	13.3	85.9	23.4	3.7	30.9	4.41	1.74	
655	2749	29.0	11.7	74.5	20.0	3.7	22.2	3.92	1.54	
705	2982	31.1	12.7	79.5	31.4	5.0	24.6	4.42	1.74	
1052	4393	52.1	21.6	100.7	37.7	5.7	42.9	6.32	2.48	
1110	4654	50.1	22.9	125.9	41.9	11.1	38.9	5.78	2.27	
1012	4248	43.5	19.8	119.2	37.2	6.6	36.3	5.04	1.98	
898	3770	40.8	19.0	85.8	26.7	6.9	43.9	5.34	2.10	
833	3499	37.6	16.8	79.4	26.6	9.8	39.5	4.58	1.80	
587	2457	29.8	12.1	52.0	21.7	4.8	25.2	3.40	1.34	
542	2269	28.1	11.3	50.7	19.2	4.3	19.4	3.19	1.26	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meat Xtreme	Classic Crust	Large	295	1238	13.1	5.3	28.9	5.6	1.8	14.6	1.74	0.69
		Medium	305	1276	14.0	5.8	29.8	5.6	1.9	13.8	1.76	0.69
		Small	275	1149	12.3	5.1	25.9	3.4	2.0	14.2	1.58	0.62
		Personal	327	1374	14.0	5.4	36.2	5.1	1.8	13.3	1.89	0.74
	Italian Style Crust	Large	296	1238	14.5	5.9	23.8	6.2	1.8	16.7	1.86	0.73
		Medium	297	1244	14.8	6.0	24.0	5.9	1.9	16.0	1.91	0.75
		Small	315	1318	15.3	6.3	28.5	3.0	1.7	15.0	1.95	0.77
	Double Decadence	Large	279	1168	14.7	7.5	23.9	2.2	2.6	12.7	1.72	0.68
		Medium	288	1203	15.8	8	22.6	2.4	2.5	13.8	1.86	0.73
	Stuffed Crust	Large	273	1144	12.8	5.8	24.5	5.9	3.6	13.2	1.60	0.63
		Medium	284	1187	13.8	6.0	25.7	6.0	3.5	12.4	1.66	0.65
	Thin & Crispy Crust	Large	323	1350	17.0	6.9	28.8	4.9	1.7	14.7	1.85	0.73
Medium		333	1393	17.7	7.2	28.3	4.7	1.5	16.4	2.22	0.87	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
726	3058	32.3	13.2	71.3	13.9	4.3	36.2	4.31	1.69	
662	2773	30.5	12.6	64.7	12.2	4.2	30.0	3.81	1.50	
1225	5115	54.9	22.7	115.4	15.3	9.0	63.1	7.05	2.77	
737	3095	31.5	12.2	81.6	11.4	4.0	29.8	4.25	1.67	

Pizza name	Crust Type		Per 100g										Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Mexican Hot	Classic Crust	Large	266	1115	11.3	5.8	28.5	6.0	1.8	12.5	1.56	0.62	658	2762	27.6	13.7	69.8	14.6	4.4	30.6	3.83	1.51
		Medium	279	1168	12.2	6.2	29.7	6.1	2.0	11.5	1.56	0.62	591	2477	25.9	13.1	63.1	12.9	4.2	24.4	3.32	1.31
		Small	250	1045	10.4	5.3	26.2	3.9	2.1	12.0	1.38	0.55	1074	4462	44.6	22.8	112.3	16.5	9.1	51.7	5.96	2.35
		Personal	302	1270	10.4	5.2	40.6	6.0	2.0	10.6	1.56	0.61	590	2482	20.3	10.2	79.3	11.8	3.9	20.7	3.05	1.20
	Italian Style Crust	Large	265	1108	12.3	6.2	23.3	6.7	1.9	14.2	1.65	0.65	548	2295	25.6	12.9	48.3	13.8	3.9	29.4	3.42	1.34
		Medium	267	1116	12.6	6.4	23.8	6.4	2.0	13.4	1.69	0.66	482	2018	22.9	11.6	43.1	11.6	3.7	24.2	3.05	1.20
		Small	284	1192	12.9	6.6	29.0	3.5	1.8	12.3	1.72	0.68	944	3956	43.0	22.1	96.3	11.5	5.9	40.7	5.72	2.25
	Double Decadence	Large	259	1086	13.4	7.7	23.6	2.5	2.7	11.1	1.59	0.63	933	3905	48.1	27.6	84.8	8.9	9.6	40	5.72	2.25
		Medium	270	1130	14.6	8.3	22.4	2.6	2.6	12.3	1.74	0.68	893	3733	48.2	27.4	74.1	8.7	8.5	40.7	5.73	2.25
	Stuffed Crust	Large	250	1047	11.3	6.0	24.1	6.2	3.6	11.3	1.45	0.57	705	2948	31.7	16.9	67.8	17.6	10.3	31.9	4.07	1.60
		Medium	262	1096	12.3	6.3	25.5	6.4	3.6	10.5	1.50	0.59	680	2845	32.0	16.2	66.3	16.6	9.2	27.2	3.90	1.53
	Thin & Crispy Crust	Large	287	1199	14.6	7.3	26.2	5.4	1.8	11.7	1.61	0.63	512	2141	26.1	13.1	46.8	9.6	3.2	20.9	2.87	1.13
		Medium	300	1252	15.3	7.7	26.2	5.2	1.6	13.4	1.98	0.78	477	1992	24.4	12.2	41.7	8.3	2.6	21.3	3.16	1.24

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Mighty Meaty	Classic Crust	Large	260	1092	10.9	5.0	27.5	5.8	1.8	13.0	1.48	0.59
		Medium	272	1141	11.8	5.5	28.5	5.9	2.0	13.2	1.50	0.59
		Small	248	1028	10.2	4.8	24.8	5.7	2.1	12.9	1.36	0.53
	Italian Style Crust	Personal	296	1247	10.6	4.8	38.2	5.9	2.0	11.3	1.48	0.58
		Large	259	1086	11.9	5.4	22.5	6.5	1.9	14.7	1.56	0.61
		Medium	260	1088	12.1	5.5	22.7	6.2	2.0	14.1	1.60	0.63
	Double Decadence	Large	276	1157	12.5	5.9	27.0	3.4	1.7	13.2	1.65	0.66
		Medium	256	1073	13	7.2	23.2	2.5	2.7	11.6	1.53	0.6
	Stuffed Crust	Large	267	1115	14.2	7.7	22	2.6	2.6	12.7	1.68	0.66
		Medium	247	1034	10.9	5.4	23.7	6.1	3.6	11.8	1.38	0.54
	Thin & Crispy Crust	Large	258	1079	11.9	5.7	25.0	6.3	3.5	11.0	1.44	0.57
		Medium	279	1168	13.9	6.3	25.1	5.2	1.8	12.5	1.50	0.59
		Medium	289	1210	14.5	6.6	24.8	5.0	1.7	14.1	1.86	0.73

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
676	2842	29.0	12.8	70.7	14.9	4.7	33.6	3.82	1.50	
612	2566	26.5	12.3	64.0	13.2	4.5	27.4	3.36	1.32	
1131	4723	47.0	22.0	114.1	17.2	9.5	58.7	6.25	2.46	
625	2630	22.3	10.1	80.6	12.4	4.2	23.8	3.12	1.23	
567	2375	25.9	11.9	49.3	14.1	4.1	32.3	3.40	1.34	
503	2107	23.4	10.7	44.0	11.9	3.9	27.2	3.10	1.22	
1001	4197	45.4	21.3	98.1	12.2	6.3	47.8	5.99	2.36	
946	3962	48.2	26.5	85.8	9.2	9.8	42.7	5.66	2.23	
910	3806	48.4	26.5	75	9	8.7	43.5	5.74	2.26	
747	3127	32.8	16.4	71.6	18.8	10.9	35.8	4.16	1.64	
728	3048	33.7	16.0	70.5	17.7	9.9	31.1	4.07	1.60	
531	2221	26.5	12.1	47.9	9.9	3.4	23.8	2.85	1.12	
497	2081	25.0	11.4	42.6	8.7	2.8	24.3	3.20	1.26	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
New Yorker	Classic Crust	Large	274	1151	11.5	4.7	29.5	5.8	1.8	13.2	1.59	0.63
		Medium	288	1207	12.5	5.2	30.5	5.9	2.0	13.2	1.61	0.63
		Small	258	1078	10.8	4.4	26.2	5.5	2.1	12.9	1.46	0.57
	Italian Style Crust	Personal	316	1332	11.7	4.2	40.6	5.7	1.9	11.2	1.63	0.64
		Large	276	1155	12.7	5.1	24.2	6.5	1.9	15.1	1.69	0.67
		Medium	277	1160	13.0	5.2	24.4	6.2	2.0	14.4	1.75	0.69
	Double Decadence	Large	295	1240	13.6	5.5	29.1	3.0	1.7	13.3	1.81	0.71
		Medium	265	1108	13.6	7.1	24.1	2.2	2.7	11.5	1.61	0.63
	Stuffed Crust	Large	276	1153	14.6	7.7	22.8	2.4	2.6	12.8	1.77	0.69
		Medium	257	1078	11.5	5.2	24.7	6.1	3.7	11.9	1.47	0.58
	Thin & Crispy Crust	Large	269	1125	12.6	5.4	26.0	6.2	3.6	11.0	1.54	0.60
		Medium	301	1262	15.2	6.1	27.4	5.1	1.8	12.6	1.65	0.65
		Medium	313	1311	15.9	6.4	27.0	4.9	1.6	14.5	2.07	0.82

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
644	2707	26.7	10.8	69.3	13.5	4.2	30.6	3.70	1.45	
582	2444	25.3	10.4	61.8	11.9	4.0	24.8	3.26	1.28	
1081	4519	45.4	18.4	109.9	14.6	8.6	53.9	6.10	2.40	
610	2568	22.6	8.0	78.3	10.9	3.7	21.6	3.14	1.24	
534	2240	24.6	9.9	46.9	12.6	3.6	29.3	3.28	1.29	
474	1985	22.3	8.9	41.8	10.5	3.4	24.6	2.99	1.18	
951	3992	43.8	17.7	93.8	9.5	5.4	42.9	5.84	2.30	
914	3828	47	24.6	83.4	7.7	9.3	39.9	5.56	2.19	
879	3676	47.2	24.6	72.8	7.6	8.2	40.6	5.63	2.21	
691	2894	30.8	14.0	66.4	16.4	10.0	31.9	3.94	1.55	
671	2811	31.4	13.6	65.0	15.5	9.0	27.5	3.84	1.51	
498	2098	25.2	10.1	45.4	8.4	2.9	20.8	2.73	1.07	
468	1958	23.8	9.5	40.4	7.9	2.4	21.6	3.10	1.22	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Original Cheese and Tomato	Classic Crust	Large	280	1178	10.3	5.5	33.5	6.7	2.0	13.4	1.31	0.52
		Medium	296	1241	11.1	6.0	35.5	6.9	2.2	12.3	1.28	0.50
		Small	259	1082	8.9	5.0	30.8	4.2	2.3	12.8	1.09	0.43
	Italian Style Crust	Personal	326	1372	9.3	4.9	48.4	6.8	2.2	11.0	1.34	0.53
		Large	283	1188	11.5	6.2	28.2	7.7	2.1	15.8	1.37	0.54
		Medium	284	1191	11.5	6.3	29.2	7.5	2.3	14.8	1.37	0.54
	Double Decadence	Large	300	1261	10.3	5.8	36.2	3.8	2.0	14.7	1.40	0.55
		Medium	269	1125	13	7.9	26.3	2.5	2.9	11.6	1.43	0.56
	Stuffed Crust	Large	279	1170	14.2	8.5	25	2.7	2.8	12.9	1.58	0.62
		Medium	261	1092	10.5	6.0	27.6	6.9	4.1	12.0	1.21	0.48
	Thin & Crispy Crust	Large	272	1141	11.5	6.2	29.3	7.1	4.0	10.9	1.27	0.50
		Medium	316	1323	14.2	7.8	32.9	6.2	2.0	12.9	1.25	0.49
		Medium	331	1384	14.8	8.0	33.3	6.1	1.8	15.0	1.70	0.67

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
580	2442	21.1	11.2	69.3	13.6	4.0	27.4	2.68	1.06	
515	2161	19.4	10.5	61.8	12.0	3.8	21.4	2.22	0.87	
922	3852	31.6	17.6	109.8	14.8	8.3	45.5	6.87	2.62	
526	2220	15.1	7.9	78.2	11.0	3.6	17.8	2.17	0.85	
471	1975	19.0	10.3	46.9	12.8	3.4	26.2	2.27	0.89	
406	1702	16.4	9.0	41.8	10.7	3.3	21.1	1.96	0.77	
776	3284	28.7	15.0	93.7	9.8	5.2	38.1	5.62	2.14	
851	3565	41.3	24.9	83.3	7.9	9.1	36.6	4.53	1.79	
812	3400	41.4	24.7	72.7	7.8	8.1	37.4	4.6	1.81	
628	2628	25.2	14.4	66.4	16.6	9.9	29.8	2.92	1.15	
604	2529	25.5	13.7	65.0	15.7	8.8	24.1	2.81	1.10	
435	1821	19.8	10.5	45.4	8.6	2.7	17.8	1.72	0.68	
400	1676	17.8	9.6	40.4	7.4	2.2	16.2	2.06	0.81	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Pepperoni Passion	Classic Crust	Large	312	1308	14.9	7.1	30.0	6.0	1.7	14.5	1.74	0.68
		Medium	329	1377	16.2	7.9	31.2	6.0	1.9	13.6	1.77	0.69
		Small	297	1237	14.3	6.9	27.0	3.6	2.0	14.1	1.60	0.63
	Italian Style Crust	Personal	355	1490	15.1	7.1	41.1	5.8	1.9	12.7	1.85	0.73
		Large	320	1338	16.7	8.1	24.7	6.7	1.8	16.7	1.87	0.73
		Medium	325	1360	17.4	8.4	25.1	6.4	2.0	16.0	1.94	0.76
	Double Decadence	Large	347	1453	18.2	8.9	30.2	3.1	1.6	14.9	2.02	0.79
		Medium	291	1216	15.9	8.8	24.5	2.3	2.7	12.4	1.7	0.67
	Stuffed Crust	Large	302	1262	17.2	9.4	23.2	2.5	2.6	13.6	1.87	0.73
		Medium	289	1208	14.3	7.3	25.1	6.2	3.7	13.0	1.59	0.63
	Thin & Crispy Crust	Large	302	1261	15.6	7.6	26.5	6.4	3.6	12.1	1.66	0.65
		Medium	354	1478	20.0	9.8	28.1	5.3	1.7	14.5	1.86	0.73
		Medium	370	1544	21.1	10.1	27.8	5.1	1.5	16.4	2.30	0.90

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
721	3021	34.0	16.3	69.6	13.6	4.0	33.2	3.98	1.56	
655	2740	32.3	15.6	62.1	12.0	3.8	27.0	3.52	1.39	
1215	5066	58.5	28.4	110.4	14.8	8.3	57.6	6.57	2.58	
678	2846	28.9	13.6	78.6	11.0	3.6	24.3	3.53	1.39	
611	2555	32.0	16.4	47.2	12.8	3.4	31.9	3.56	1.40	
546	2281	29.3	14.1	42.1	10.7	3.3	26.8	3.25	1.28	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Texas BBQ	Classic Crust	Large	276	1156	12.4	5.8	29.0	12.3	1.5	12.0	1.28	0.51
		Medium	252	1231	9.2	4.1	36.3	11.6	2.0	15.4	1.27	0.50
		Small	289	1216	9.7	4.0	36.7	11.6	1.6	13.1	1.49	0.59
		Personal	323	1359	9.6	3.7	43.4	11.9	1.8	14.5	1.64	0.65
	Italian Style Crust	Large	284	1194	8.7	3.6	38.8	14.8	1.9	11.7	1.58	0.62
		Medium	283	1194	9.1	3.8	37.8	15.1	2.4	11.7	1.68	0.66
		Small	266	1115	9.1	3.9	32.2	12.3	1.8	13.4	1.46	0.57
	Double Decadence	Large	291	1223	11	5.2	36.5	12.3	3.3	11.5	1.42	0.56
		Medium	287	1206	10	4.8	37.6	11.8	2.7	11.6	1.31	0.52
	Stuffed Crust	Large	285	1199	10.3	5.1	30.9	9.7	2.5	16.1	1.61	0.63
		Medium	291	1181	10.0	4.7	30.6	10.4	3.8	15.6	1.44	0.57
	Thin & Crispy Crust	Large	291	1225	10.8	4.4	31.7	13.5	3.0	15.7	1.53	0.60
Medium		296	1242	11.1	4.4	34.3	13.3	3.0	13.5	1.58	0.62	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
633	2657	28.3	13.1	65.9	27.9	4.3	27.1	2.93	1.15	
571	2408	17.9	8.0	71.1	22.7	3.8	30.1	2.48	0.98	
957	4030	32.2	13.1	121.7	38.5	5.1	43.5	4.95	1.94	
622	2621	18.9	7.1	83.7	22.9	3.5	28.0	3.16	1.24	
536	2258	16.5	6.7	73.4	28.0	3.7	22.2	2.98	1.17	
587	2475	18.8	7.8	78.3	31.3	4.9	24.3	3.49	1.37	
811	3400	27.6	11.9	98.1	37.5	5.6	40.9	4.43	1.74	
996	4167	37.6	17.8	124.9	42	11.1	39.2	4.84	1.9	
900	3786	31.4	15	118.1	37.2	8.6	36.3	4.13	1.62	
751	3161	27.2	13.5	81.4	25.7	6.6	42.4	4.24	1.67	
684	2871	24.2	11.3	74.4	25.3	9.3	37.7	3.49	1.37	
469	1988	17.3	7.1	50.9	21.7	4.8	25.2	2.46	0.97	
427	1793	16.0	6.4	49.6	19.2	4.3	19.5	2.28	0.90	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Cheeseburger	Classic Crust	Large	237	995	9.1	3.9	28.0	6.6	1.8	10.7	1.31	0.52
		Medium	247	1036	9.7	4.3	29.4	6.8	1.9	9.6	1.28	0.50
		Small	221	928	8.1	3.6	25.9	4.6	2.1	10.3	1.14	0.45
		Personal	270	1136	8.7	3.7	38.2	6.6	1.9	8.9	1.35	0.53
	Italian Style Crust	Large	231	970	9.7	4.2	23.2	7.4	1.8	11.9	1.35	0.53
		Medium	231	987	9.7	4.2	23.9	7.2	2.0	11.0	1.35	0.53
		Small	245	1027	9.8	4.4	28.4	4.5	1.7	10.0	1.37	0.54
	Double Decadence	Large	239	1002	11.7	6.4	23.6	3.1	2.6	9.9	1.41	0.55
		Medium	250	1045	12.8	6.9	22.6	3.3	2.5	11	1.54	0.6
	Stuffed Crust	Large	226	947	9.4	4.5	24.0	6.8	3.5	9.8	1.23	0.48
		Medium	236	991	10.3	4.7	25.5	6.9	3.4	9.0	1.27	0.50
	Thin & Crispy Crust	Large	246	1032	11.4	4.9	25.8	6.3	1.7	9.4	1.26	0.50
Medium		256	1072	11.8	5.1	26.0	6.2	1.8	10.7	1.58	0.62	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
635	2673	24.2	10.4	74.3	17.5	4.7	28.3	3.48	1.37	
584	2367	22.2	9.8	67.1	15.5	4.4	22.0	2.93	1.15	
1023	4276	37.5	16.8	119.7	21.4	9.5	47.6	5.25	2.06	
587	2472	18.9	8.0	83.2	14.4	4.1	19.4	2.93	1.15	
525	2204	22.1	9.5	52.8	16.7	4.1	27.0	3.08	1.20	
455	1907	19.2	8.2	47.1	14.2	3.9	21.8	2.66	1.05	
893	3750	35.8	16.1	103.7	16.3	6.3	36.6	4.99	1.96	
904	3787	44.4	24.1	89.2	11.8	9.6	37.5	5.32	2.09	
861	3604	44.1	24	78	11.3	8.7	38	5.3	2.08	
682	2857	28.3	13.6	72.3	20.4	10.5	29.6	3.72	1.48	
652	2734	28.3	12.9	70.3	19.2	9.4	24.7	3.51	1.38	
489	2050	22.7	9.7	51.2	12.5	3.4	18.6	2.51	0.99	
449	1881	20.7	8.9	45.7	10.9	2.8	18.9	2.77	1.09	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Meatfielder	Classic Crust	Large	301	1260	14.1	5.8	29.7	5.9	1.8	13.7	1.73	0.68
		Medium	315	1321	15.2	6.4	30.7	5.9	2.0	12.8	1.75	0.69
		Small	282	1178	13.2	5.5	26.6	3.8	2.1	13.3	1.57	0.62
		Personal	337	1415	15.0	5.9	37.3	5.3	1.9	12.4	1.89	0.74
	Italian Style Crust	Large	307	1284	15.7	6.5	24.5	6.6	1.9	15.8	1.86	0.73
		Medium	310	1297	16.3	6.7	24.7	6.2	2.1	15.0	1.92	0.76
		Small	326	1365	16.6	6.9	29.5	3.1	1.8	13.9	1.95	0.77
	Double Decadence	Large	291	1217	16.8	8.1	22.5	2.2	2.5	12.5	1.85	0.73
		Medium	301	1256	18	8.6	21.1	2.3	2.4	13.6	1.99	0.78
	Stuffed Crust	Large	280	1172	13.7	6.2	25.0	6.2	3.7	12.4	1.59	0.63
		Medium	291	1219	14.8	6.4	26.3	6.3	3.6	11.5	1.65	0.65
	Thin & Crispy Crust	Large	337	1409	18.7	7.7	27.8	5.2	1.8	13.4	1.85	0.73
Medium		350	1461	19.5	8.0	27.4	5.0	1.7	15.2	2.25	0.88	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
716	3015	33.3	13.8	70.2	13.9	4.4	32.5	4.10	1.61	
652	2734	31.5	13.2	63.6	12.3	4.2	26.5	3.62	1.42	
1205	5032	56.4	23.5	113.4	15.4	9.1	56.8	6.69	2.63	
729	3060	32.4	12.7	80.6	11.4	4.0	26.7	4.09	1.61	
609	2548	31.3	12.9	48.7	13.1	3.8	31.3	3.89	1.45	
549	2292	28.9	11.8	43.6	11.0	3.7	26.5	3.39	1.33	
1076	4505	54.8	22.8	97.4	10.3	5.9	45.9	6.43	2.53	
1122	4687	64.9	31.2	86.5	8.5	9.7	48	7.13	2.8	
1080	4511	64.7	31	75.9	8.4	8.7	48.8	7.16	2.82	
955	3993	46.7	21.2	85.1	21.0	12.7	42.2	5.42	2.13	
741	3101	37.7	16.3	66.8	15.9	9.2	29.3	4.21	1.65	
573	2384	31.8	13.1	47.2	8.9	3.1	22.8	3.14	1.23	
538	2248	30.0	12.3	42.2	7.7	2.6	23.4	3.46	1.36	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Sizzler	Classic Crust	Large	279	1172	10.9	4.4	34.1	6.4	2.3	11.1	1.76	0.69
		Medium	290	1216	11.3	4.5	33.2	5.0	2.4	12.6	1.91	0.75
		Small	323	1356	12.4	5.0	37.9	6.2	3.4	13.5	1.84	0.72
		Personal	320	1345	10.5	4.3	41.7	6.1	3.3	13.1	1.81	0.71
	Italian Style Crust	Large	284	1189	12.7	5.0	28.1	7.8	2.5	13.1	1.89	0.76
		Medium	281	1177	12.6	5.0	27.6	7.4	3.2	12.7	2.27	0.89
		Small	292	1221	13.3	5.3	28.5	5.1	2.6	13.2	2.38	0.94
	Double Decadence	Large	281	1179	12.7	5.5	29.4	4.9	2	12.3	1.86	0.73
		Medium	292	1222	13.5	6.1	33.2	5.7	2.9	9.3	1.71	0.67
	Stuffed Crust	Large	270	1128	11.4	4.9	29.4	6.9	2.5	11.0	1.97	0.77
		Medium	279	1169	12.5	5.5	24.0	6.8	2.9	16.2	2.00	0.79
	Thin & Crispy Crust	Large	295	1234	14.3	6.0	28.8	4.9	2.8	13.3	1.93	0.76
Medium		310	1299	15.0	6.2	31.0	5.0	2.5	11.6	2.03	0.80	

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
662	2772	25.5	10.2	79.5	15.0	5.4	25.9	4.09	1.61	
584	2452	22.9	9.1	67.0	10.1	4.8	25.4	3.84	1.51	
1335	5596	51.0	20.7	156.3	25.6	14.2	55.5	7.60	2.99	
606	2544	19.9	8.1	78.8	11.5	6.2	24.7	3.42	1.34	
553	2314	24.7	9.8	54.7						

Pizza name	Crust Type		Per 100g											Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
Vegi Classic	Classic Crust	Large	230	968	7.1	3.6	31.0	6.6	2.1	10.6	1.02	0.40	528	2224	16.1	8.0	70.1	15.0	4.7	23.8	2.30	0.90		
		Medium	242	1017	7.7	4.0	32.8	6.8	2.3	9.4	0.97	0.38	467	1963	14.8	7.7	63.4	13.2	4.5	18.1	1.87	0.74		
		Small	214	896	6.1	3.3	28.6	4.3	2.4	10.2	0.93	0.33	843	3529	24.0	12.9	112.8	17.0	9.6	40.2	3.25	1.29		
		Personal	272	1147	6.7	3.4	43.3	6.1	2.2	8.7	1.06	0.42	499	2108	12.3	6.2	79.5	11.3	4.1	16.0	1.95	0.77		
	Italian Style Crust	Large	223	935	7.5	3.8	25.9	7.5	2.2	12.0	1.00	0.39	418	1757	14.0	7.2	48.6	14.1	4.2	22.6	1.88	0.74		
		Medium	221	930	7.3	3.8	26.8	7.3	2.5	11.0	0.99	0.39	358	1504	11.8	6.1	43.3	11.9	4.0	17.8	1.61	0.63		
		Small	240	1012	7.6	4.1	32.6	4.0	2.2	9.8	1.02	0.40	714	3003	22.4	12.2	96.8	12.0	6.4	29.2	3.03	1.19		
	Double Decadence	Large	236	989	10.7	6.4	25.1	2.7	2.9	9.8	1.22	0.48	799	3349	36.3	21.8	85.1	9.2	9.9	33	4.14	1.63		
		Medium	247	1035	11.9	7.1	24	2.9	2.8	11	1.37	0.54	765	3204	36.8	21.9	74.3	8.9	8.8	34.1	4.25	1.67		
	Stuffed Crust	Large	219	918	7.7	4.3	26.0	6.8	4.0	9.6	0.97	0.38	575	2411	20.2	11.2	68.2	17.9	10.6	25.2	2.54	1.00		
		Medium	231	969	8.7	4.5	27.7	7.0	4.0	8.6	1.02	0.40	555	2330	21.0	10.8	66.6	16.8	9.5	20.8	2.46	0.97		
	Thin & Crispy Crust	Large	240	1006	9.2	4.6	29.6	6.2	2.2	9.9	0.94	0.33	382	1603	14.8	7.4	47.1	9.9	3.5	14.2	1.33	0.52		
		Medium	252	1056	9.5	4.9	30.0	6.1	2.1	10.7	1.22	0.48	352	1477	13.4	6.8	41.9	8.6	2.9	14.8	1.71	0.67		

Pizza name	Crust Type		Per 100g											Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
Vegi Supreme	Classic Crust	Large	222	933	6.8	3.3	30.1	6.3	2.1	10.0	0.95	0.37	539	2271	16.3	8.1	72.2	15.0	4.9	24.1	2.30	0.90		
		Medium	236	994	7.5	3.8	32.3	6.5	2.3	9.1	0.93	0.37	477	2006	15.1	7.7	65.3	13.2	4.7	18.3	1.87	0.74		
		Small	210	878	5.9	3.1	28.3	4.2	2.4	9.9	0.90	0.32	862	3608	24.4	12.9	116.3	17.1	9.9	40.6	3.29	1.29		
		Personal	286	1123	6.5	3.2	42.5	6.3	2.2	8.4	1.02	0.40	508	2145	12.5	6.2	81.2	12.0	4.3	16.1	1.95	0.77		
	Italian Style Crust	Large	218	914	7.2	3.7	25.7	7.2	2.2	11.6	0.95	0.36	429	1804	14.3	7.2	50.7	14.1	4.4	22.9	1.88	0.74		
		Medium	216	907	7.1	3.6	26.5	7.0	2.4	10.6	0.94	0.37	368	1546	12.1	6.2	45.2	11.9	4.1	18.1	1.61	0.63		
		Small	233	981	7.3	3.9	31.9	3.8	2.1	9.4	0.97	0.38	732	3081	22.8	12.2	100.2	12.0	6.7	29.6	3.03	1.19		
	Double Decadence	Large	232	971	10.4	6.2	25	2.6	2.9	9.5	1.18	0.47	810	3399	36.5	21.8	87.4	9.2	10.1	33.3	4.14	1.63		
		Medium	243	1017	11.6	6.8	23.9	2.8	2.8	10.7	1.33	0.52	777	3295	37.1	21.9	76.3	9	9	34.3	4.25	1.67		
	Stuffed Crust	Large	215	904	7.5	4.1	25.8	6.6	3.9	9.3	0.93	0.37	586	2458	20.4	11.3	70.3	17.9	10.7	25.4	2.54	1.00		
		Medium	227	953	8.5	4.4	27.5	6.8	3.9	8.4	0.99	0.39	586	2373	21.2	10.9	68.5	16.8	9.7	21.0	2.46	0.97		
	Thin & Crispy Crust	Large	233	977	8.8	4.4	29.2	5.9	2.2	8.5	0.79	0.31	393	1650	14.8	7.4	49.2	9.9	3.7	14.4	1.33	0.53		
		Medium	244	1023	9.1	4.6	29.5	5.8	2.0	10.2	1.15	0.45	367	1538	13.7	6.9	44.3	8.7	3.1	15.3	1.73	0.68		

\*Available in select trial stores only

The calorie and nutritional information given for our products is a guide only, as all our pizzas are handmade to order and nutritional values may vary.

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